# Breast Cancer Association Europa Donna Finland

NORDIC CONGRESS ON BREAST CANCER 18.9.2022



## Breast cancer association - Europa Donna Finland Bröstcancerföreningen - Europa Donna Finland rf

- Founded on International Women's Day, March 8, 2005
- About 1,700 members nationwide
- Two employees: executive director and nurse
- Our aim is to expand the availability of peer support and advocacy work
- We work together with medical professionals and other patient organizations
- Member of Cancer Society of Finland



# Peer support is our priority

- Regular face to face peer support meetings in almost 10 cities
  - Open to all breast cancer patients and survivors
  - Special groups for metastasized breast cancer patients and young women (under 45)
- Peer support phone line twice a week
  - Tuesdays for everyone with breast cancer
  - Wednesdays for metastatic bc patients
- Facebook groups
  - Rinnakkain ("Side by side") with 3500 members
  - breast cancer gene carriers
  - Metastatic breast cancer



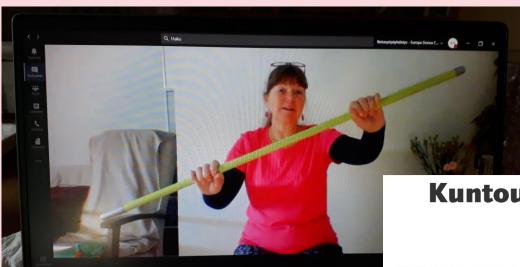
## Online activities

- During COVID19-pandemic new online peer support groups
  - young, MBC, different phases on treatment
- Lectures/webinars by various experts
- Physiotherapy/training group for lymphedema
- Yoga and pilates
- Relaxing exercises



# Advocacy theme: Lymphedema





■Eri mieltä

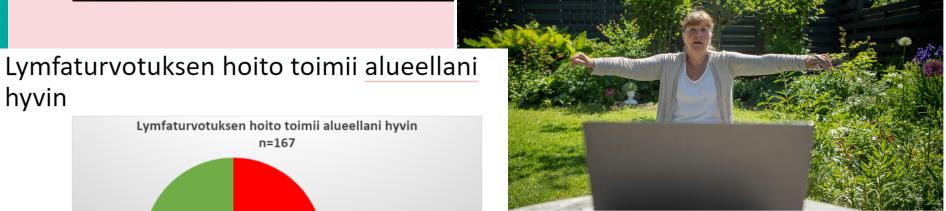
44%

23%

Ei samaa eikä eri mieltä

Kuntoutustoiminnan yllättävä digiloikka

22.06.2020





## **Advocacy theme:** cancer research



Cancer IO @Cancer\_IO . 8. jouluk. 2020

Immuno-onkologiset hoidot tuovat potilaille uutta toivoa. Potilailla pitäisi olla jatkossakin oikeus yhdenvertaiseen hoitoon @niemi anu @EuropaDonnaFi #toivo #syöpä #rintasyöpä #yhdenvertaisuus

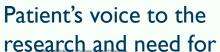


irantumatonta syöpää sairastaville röpäkuolemia lähes 900/vuosi (diagnooseja 5000) osyöpäkuolemia 2300/vuosi (diagnooseja 2700) oisia vasteita, jopa paranemisia

ita perinteinen hoito ei auta

tutkimusta tarvitaan!

### Patient's voice to the research and need for



#### new treatments



**MYCimmune** 12. toukokuuta · 🚱

This week our partner, Rintasyöpäyhdistys - Europa Donna Finland ry, highlights Senior Scientist, Dr. Pauliina Munne, from the Klefström research group. Her work focuses on hormone receptor positive breast cancer and especially MYC-oncogene's role in the development of drug-resistance.

We're grateful for the partnership, and we would like to emphasize the importance of cancer patient advocates in cancer research.

#MYCimmune Klefström Research Group #cancer #cancerresearch #patientadvocacy





CR Annual meeting in New ACR Appual meeting in New eans 4/2022 Willi Immune research project Cimmune research project

> Social media campaign presenting the researchers



Suostunko vai en - Miksi osallistuisin rintasyöpätutkimukseen? -Rintasyöpäyhdistys

Blog: Do I consent or not? Why should I take part to a clinical trial



